

PACIFIC REGION



# MINDFULNESS BY DESIGN

CONFERENCE · 2009

*Developing a Mindful School Culture with Habits of Mind*

HONOLULU

7-9TH  
OCTOBER

SYDNEY

2-4TH  
NOVEMBER

AUCKLAND

9-11TH  
NOVEMBER

IN ASSOCIATION WITH



THE INSTITUTE FOR  
HABITS OF MIND

*Educating for a more thoughtful world*



## MINDFULNESS BY DESIGN CONFERENCE

In 2008 James Anderson and Art Costa led the first Mindfulness by Design Conference. Approximately 60 school leaders from 20 schools gathered together in Melbourne, all of whom had significant experience with the Habits of Mind and a commitment to building a Mindful School Culture.

Over the course of three days these schools collaborated, shared and generated plans for school development resulting in an enormously rich and powerful learning experience. Several principals declared it the most useful professional development they had ever undertaken in their careers.

Extending the lessons learnt from the first Mindfulness By Design Conference, we are now very pleased to invite schools working with the Habits of Mind to come together by attending one of the following three-day Mindfulness by Design Conference opportunities being held in 2009:

Hawaii 7th – 9th of October

Sydney 2nd – 4th of November

Auckland 9th – 11th of November

These three-day Conferences are specifically designed for teachers and principals in schools that are striving towards developing a thinking-oriented school culture based on the Habits of Mind. Participants are assumed to have a good understanding of the Habits of Mind and to have been working towards infusing the Habits of Mind within their settings for at least one year.

## ABOUT THE ORGANISERS

THE INSTITUTE FOR HABITS OF MIND has been established as a center for promoting more thoughtful education and developing mindful schools worldwide. There are regional centers in the US, Australia, England, New Zealand, Scandinavia, Singapore and Hong Kong, each dedicated to extending the work of schools addressing the Habits of Mind as a cornerstone to their vision and culture. The Institute offers opportunities for professional development programs, resources and books that support the Habits of Mind, and networking among schools for visits and exchanges.

MINDFUL BY DESIGN provides ongoing, collaborative and generative professional learning opportunities for teachers interested in Art Costa and Bena Kallick's Habits of Mind. Through the Habits of Mind Network (Homnet) and initiatives such as the Habits of Mind resource library, Mindful by Design encourages and enables teachers and schools to share their experiences, learn together and support each other in an effort to create more mindful learning communities. For more information please visit [www.mindfulbydesign.com](http://www.mindfulbydesign.com).

LEARNING NETWORK NZ is a not-for-profit trust committed to providing quality professional development opportunities for the education community. We offer short courses and in-depth series with outstanding educators from NZ and beyond. We also link schools with facilitators for tailored professional development, and supply a huge range of teaching resources. For more information visit [www.learningnetwork.ac.nz](http://www.learningnetwork.ac.nz).

## SHARING WITH LOCAL EXPERTS

As well as having the opportunity to collaborate with like-minded schools, each venue will boast presentations from a selection of schools and local experts who have been working successfully with the Habits of Mind for extended periods of time.

These will vary from location to location, but will include Regional Directors of the Institute for Habits of Mind, Staff Developers, as well as presentations from schools with many years experience and who are already well on the road to becoming a Mindful School.

## GOALS

Participants in the Conferences can expect to:

- *Share resources, plans, challenges and strategies for working with and infusing the Habits of Mind into school culture with other experienced schools.*
- *Build and become part of a professional, supportive, networked learning community of Mindful Schools, which will extend beyond the life of the Conference.*
- *Apply the principles of Schooling By Design (Wiggins and Mc Tighe) to develop a clear vision of the Mindful School through:*
  - collectively and individually reflecting upon the nature of a Mindful School
  - analysis of schools that have made significant steps towards infusing the Habits of Mind into different aspects of their school culture (including schools attending the Conferences)

### • *Develop, trial and generate a range of effective tools and protocols for:*

- evaluating the degree to which the Habits of Mind are currently infused into the culture, curriculum and teaching practice of the school
- working with staff and others in the school community to build a shared understanding and vision for the Habits of Mind

### • *Identifying progress towards becoming a Mindful School:*

- develop a clear, effective plan for school change related to the Habits of Mind using the *Schooling by Design* model (Wiggins and Mc Tighe)
- identify common obstacles and challenges, and strategies to tackle these
- strategies for gathering evidence of growth
- strategies for sustaining growth and building a Mindful School culture

## EXPECTATIONS FOR REGISTRATION

All participating schools will be expected to collaborate and share their learning prior, during and after the Conference. There will be some prior reading. In addition, each school will be asked to complete a school summary and put together a portfolio of sample work undertaken to date. These will be collated and shared prior to the Conference.

All participants will be given free access to the Habits of Mind online Resource Library.

Comprehensive notes and reading will be provided and all participants will be expected to have a copy of *Learning and Leading with Habits of Mind* and *Habits of Mind Across the Curriculum*. A familiarity with Grant Wiggins and Jaye McTigh's *Schooling by Design* is highly desirable.

## REGISTRATION DETAILS

Full details of each event, including costs, venue, local experts attending, accommodation and registration can be found at:

Honolulu: [www.mindfulbydesign.com](http://www.mindfulbydesign.com)

Sydney: [www.mindfulbydesign.com](http://www.mindfulbydesign.com)

Auckland: [www.learningnetwork.ac.nz](http://www.learningnetwork.ac.nz)

To ensure participants are able to create an open, collaborative, generative and mutually supportive learning community over three days, numbers will be strictly limited.

## PRESENTERS



ART COSTA is an Emeritus Professor of Education at California State University and Co-founder of the Institute for Intelligent Behaviour in California. During his long-standing career, he has served as a classroom teacher,

curriculum consultant, Assistant Superintendent for Instruction, Director of Educational Programs for the National Aeronautics and Space Administration, and President of the California Association for Supervision and Curriculum Development. Art has devoted his career to improving education through more thought-full instruction and assessment. He has presented all over the world and is author, co-author and co-editor of many articles and books.



JAMES ANDERSON is Australia's leading authority on the Habits of Mind. He is the Director of Mindful by Design and the Australian Regional Director of Art Costa and Bena Kallick's Institute for Habits of Mind.

He began working with Art Costa's Habits of Mind in his own classroom in 2000. Due to his successes, he began consulting to schools and initiated a collaborative network for interested teachers to share resources, ideas and teaching practices: see [www.habitsofmind.org](http://www.habitsofmind.org). James also established and continues to lead Homnet, a large network of schools across Australia working with the Habits of Mind.

A contributing author to *Leading and Learning with Habits of Mind* (Costa and Kallick eds., ASCD), as well as *Habits of Mind Across the Curriculum* (Costa and Kallick eds., ASCD), James has developed significant new insights into how the Habits of Mind can be infused and sustained into a school's culture and curriculum. He has also presented with Art Costa and Bena Kallick on numerous occasions.

James is a highly skillful and engaging presenter with experience at all levels of schooling, as well as the corporate sector. For more information see: [www.mindfulbydesign.com](http://www.mindfulbydesign.com).